

# January 31, 2002

## NUTRITION PROVIDERS

### MONTANA MEDICAID NOTICE

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This notice is to clarify diabetes self-management training services provided by a nutritionist.

Those nutritionists providing these services must be certified providers who meet the approved quality standards. Montana Medicaid will accept accreditation by the American Diabetes Association as meeting the National Standards for Diabetes Self-Management Training Programs. This accreditation will need to be on file with ACS, with the Montana Medicaid provider number recorded on the accreditation.

Medicaid may cover diabetes outpatient self-management services only if the physician or qualified non-physician practitioner who is managing the individual diabetic condition refers the individual for the diabetes education program.

To qualify for this training, an individual must be either diagnosed with diabetes or be at significant risk for complications from the disease. These individuals with diabetes will initially receive one hour of individual training or assessment and nine hours of group training. Also, two hours of annual follow-up training can be given on an individual basis. For individuals with special needs such as reduced vision or hearing, the primary healthcare provider may order individual training for all sessions.

Payment will only be made for diabetes training services actually attended by the individual and documented on attendance sheets. A referral from the primary healthcare provider must be part of the individual's file maintained by the provider of the diabetes outpatient self-management training. Periodic post-payment review may be conducted to determine that these requirements are met.

The following codes will be used for this training:

**G0108** – Diabetes outpatient self-management training services, individual, per 30 minutes, \$39.48

**G0109** – Diabetes self-management training services, group session (2 or more), per 30 minutes, \$23.19

If you have any questions or require additional information, please call Provider Relations at:

Helena and out-of-state: (406) 442-1837  
In-state toll-free: 1-800-624-3958